

## FCYSL/AFC Lightning Small Sided Rules for Referees

	U8 Recreation	U8 Lightning
<b>Ball</b>	Size 3	Size 3 or 4 (Check with coaches)
<b>Number of Players</b>	5v5, one player is goalkeeper who should be changed every quarter.	Some may play 5v5 but at other times it may be 7v7 on a U10 field. If it is 5v5, play as the recreation U8's do. If 7v7 see U10 rules below.
<b>Game Duration</b>	4 x 10 minute quarters	Work it out with the coaches
<b>Offside</b>	None	None
<b>Fouls</b>	No deliberate headers	No deliberate headers
<b>Free Kicks</b>	All are indirect Defenders 3 yards away	All are indirect Defenders 3 yards away
<b>Penalty Kick</b>	None	None
<b>Throw In</b>	Second try if they mess up. Help them!	Second try if they mess up.
<b>Goal Kick/Corner Kick</b>	Normal	Normal
<b>Pre-Game Paperwork</b>	No rosters No passes	List of players names and numbers. No need to check passes, though teams should have them if there is a question.
<b>Post-Game Paperwork</b>	Scores are not reported. Yellow cards are not reported. Red cards (hopefully it won't get to that) reported to FCYSL. See fcysl.org for link.	Scores are not reported. Yellow cards are not reported. Red cards reported to FCYSL. See <a href="http://fcysl.org">fcysl.org</a> for link.
<b>Problems with Parents/ Coaches</b>	Report to FCYSL	Report to FCYSL

## FCYSL/AFC Lightning Small Sided Rules for Referees

	U10 Recreation	U9 or U10 Lightning
<b>Ball</b>	Size 4	Size 4
<b>Number of Players</b>	7 v 7, one is goalkeeper who should be changed at the half	7 v 7, one is goalkeeper
<b>Game Duration</b>	25 minute halves	25 minute halves
<b>Offside</b>	Yes - Use build out line as offside line	Yes - Use build out line as offside line
<b>Fouls</b>	No deliberate headers	No deliberate headers
<b>Free Kicks</b>	Defenders 8 yds away	Defenders 8 yds away
<b>Penalty Kick</b>	Yes	Yes
<b>Throw In</b>	Normal	Normal
<b>Goal Kick/Corner Kick</b>	Opposing players must retreat behind the build out line until the ball is in play on a goal kick	Opposing players must retreat behind the build out line until the ball is in play on a goal kick
<b>Pre-Game Paperwork</b>	List of players names and numbers. Check player passes. Guest player with pass allowed. Max on game roster is 12	List of players names and numbers. No need to check passes, though teams should have them if there is a question.
<b>Post-Game Paperwork</b>	Scores are not reported. Yellow cards are not reported. Red cards reported to FCYSL. See <a href="http://fcysl.org">fcysl.org</a> for link.	Scores are not reported. Yellow cards are not reported. Red cards reported to FCYSL. See <a href="http://fcysl.org">fcysl.org</a> for link.
<b>Problems with Parents/ Coaches</b>	Report to FCYSL	Report to FCYSL

## FCYSL/AFC Lightning Small Sided Rules for Referees

	U12 Recreation	U11 or U12 Lightning
<b>Ball</b>	Size 4	Size 4
<b>Number of Players</b>	9 v 9, one is goalkeeper	9 v 9, one is goalkeeper
<b>Game Duration</b>	30 minute halves	30 minute halves
<b>Offside</b>	Yes	Yes
<b>Fouls</b>	No changes	No deliberate headers for U11 No changes for U12
<b>Free Kicks</b>	Defenders 8 yds away	Defenders 8 yds away
<b>Penalty Kick</b>	Yes	Yes
<b>Throw In</b>	Normal	Normal
<b>Goal Kick/Corner Kick</b>	Normal	Normal
<b>Pre-Game Paperwork</b>	List of players names and numbers. Check player passes. Guest player with pass allowed. Max on game roster is 14	List of players names and numbers. No need to check passes, though teams should have them if there is a question.
<b>Post-Game Paperwork</b>	Scores are not reported. Yellow cards are not reported. Red cards reported to FCYSL. See <a href="http://fcysl.org">fcysl.org</a> for link.	Scores are not reported. Yellow cards are not reported. Red cards reported to FCYSL. See <a href="http://fcysl.org">fcysl.org</a> for link.
<b>Problems with Parents/ Coaches</b>	Report to FCYSL	Report to FCYSL